



KENYA ROWING AND CANOE ASSOCIATION



VENUE; Tana River, Sagana, Kenya

ICF TIP Slalom Training Camp; 2nd-6th November 2015

5th African Canoe Slalom Championships, November 8-9-10, 2015

3rd Africa Whitewater Championships, November 10, 2015

RIO 2016 Olympic Games Africa Continental Qualifier, 8-9-10, Nov. 2015



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1. INVITATION



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**Presidents/Secretary General
African National Canoe Federations**

Dear Sport Friends,

The Kenya Rowing and Canoe Association were granted the right to host the Africa Slalom Championships and RIO Olympic Games Qualifier by Confederation of African Canoeing. We are therefore very pleased to invite your Federation to participate in the;

CAC 5th African Canoe Slalom Championship, ICF Talent Identification training Camp and RIO Olympic Games Africa Continental Qualifier from; November 2nd to 10th 2015

These events will take place at the Tana River, Sagana, Kenya.

Kenya has hosted several large international competitions, including the All Africa Games in 1987, World Cross Country Championships in 2007, and World Fireball Sailing Championships in 2007, and Africa Canoe Sprint and Slalom Championships and Beijing Olympic Qualifiers in 2008.

We invite you to come to Kenya, enjoy our hospitality, friendship and natural wonders and to participate and become acquainted with conditions and facilities of these important Continental Canoeing events.

Richard Olakhi.

Chairman of the Kenya Rowing and Canoe association

2. GENERAL INFORMATION:

Arrival;

1. The main Airport of arrival is Jomo Kenyatta Airport , Nairobi
2. For some specific countries visa are available at the Airport for USD 50
3. Please note there are strict penalties for importing any dangerous drugs in Kenya, in case of medicines for personal use, kindly have with you the necessary documents from your doctor.
4. Personal Sports Equipment eg paddles boats etc can be brought into the county temporarily provided it is declared to the Kenya Customs.
5. **All Participants are requested to kindly Bring Boats and equipment as part of personal baggage, NOT cargo or unaccompanied baggage to avoid extra costs.**

Distances from Competition Venue

1. The competition venue in Sagana is 1.5 hrs by road from the Airport.
2. The nearest Health centre is in Sagana Town 14km from competition venue while the nearest Hospital is in Thika town, 45km from Sagana.
3. The nearest ATM is Sagana Town, 20 minutes from the Competition venue, while nearest International banks are in Thika Town, which also has several restaurants, supermarkets, shops etc.
4. The nearest Shopping centre is Sagana Town.

Safety

1. Please beware and take care of Wild Animals like crocodiles, hippos, monkeys in Tana River, near Sagana. It is not advisable to walk near the river after 6 pm or enter the water before 7 am.
2. When crossing main roads, beware of fast Public taxis called MATATU.
3. Please note the TANA River is a natural river and is considered a fast river with Grade 2-5 rapids and waterfalls .Beginners should take extreme precaution, swimming ability is highly recommended.
4. It is forbidden to enter the river in Kayak without wearing Buoyancy Aid/helmets.
5. Please note it is forbidden to jump with or without kayak, from waterfalls which is situated near the Starting line.
6. All competitors in 5th Africa Slalom Championships, is recommended to be able to properly execute the "Eskimo Roll".



30m Sagana Waterfalls near the starting line.



Sagana Racing Course High water season (May)

3. EVENTS:

ICF Talent Identification Camp November 2nd- 6th -

Africa Canoe Slalom Championships : on November 7th -10th 2015:

3rd White Water Championships , November 10th 2015

Classes

Men - Senior/ Junior; K1. C1, C2

Women - Senior/Junior ; K1, C1

Rules:

1. Competition will be held in accordance with the ICF / CAC Canoe Slalom /Wildwater Competitions Rules.
2. Three entries per event per country are allowed.
3. Races will be organized in Slalom racing boats.
4. All participants must bring their own Slalom Racing Boats and personal equipment of paddles, Spray decks and Helmets.
5. Medals will be presented for the Gold, Silver and Bronze winners. Certificates will be presented to all participants.
6. Races with less than 3 participants will be cancelled.

Categories: K1, C1, C2

Age group: junior-senior

- 1) Men Seniors Championship
- 2) Men Juniors Championship
- 3) Women Seniors Championship
- 4) Women Juniors Championship

During these Champs the following event will also take place.

- ◆ ICF Slalom Talent Identification Training Camp; 02-06th Nov 2015.
- ◆ RIO Olympic Games - Africa Qualifiers.
- ◆ River Protection Environmental Programme
- ◆ Opening of Africa Canoe Centre.

4, **VENUE:** TANA RIVER, SAGANA

Racing Course is a Natural Slalom and Whitewater Course uncontrolled by any system and water levels are dependent totally on rainfall in the forest upstream , available with Class 2- 3 Difficulty with some section in certain high water conditions can be Class 4 -5. The organizers are not responsible for the levels of river caused by environmental factors.

5. **PROGRAMME SCHEDULE;**

5TH AFRICA CANOE SLALOM CHAMPIONSHIPS , 3RD AFRICA WHITEWATER CHAMPIONSHIPS RIO 2016 OLYMPIC GAMES CONTINENTAL QUALIFIERS			
15TH OCT Opening of the Racing Course for Practice ; Oct 15th- 1st November Training of NF Team by Special Arrangement	November 8th-9th 5TH Africa Canoe Slalom Championships and Olympic Games Qualifiers 1000hrs - 1600hrs	November 10th 3rd Africa Whitewater Championships	11th Nov Teams Departure
	1st – 9th November ITO SLALOM Training /Seminar /Examination		
	7th November Team Manager Meeting 0900hrs	10th November Medal Ceremonies	
	2nd – 6th November ICF Slalom Talent Identification Training Camp		
	Sunday ,7th Nov Welcome Cocktail 1900hrs	10th Nov FAREWELL DINNER 1900HR	

6; DEADLINES;

PRELIMINARY ENTRY; 1 SEPTEMBER 2015

NUMERICAL ENTRY; 25 SEPTEMBER 2015

PAYMENT OF ENTRY FEES; 1 OCTOBER 2013

NOMINAL ENTRY WITH NAMES; 26 OCTOBER 2013

7. NATIONAL FLAGS & ANTHEM

The Organizing committee will use your national flag and anthem during the opening and medal ceremony, and also national flags of all participating countries shall be flown in the venue.

Therefore you're kindly requested to bring two 180*120 cm national flags and your national anthem.

You can also requested send your national anthem via email to the organizing committee beforehand.

8; ENTRY FEES.

Entry Fees of EURO 60 per person per pay is payable .This price include the following services:

- ✓ Tented Accommodation with bedding (2 person per tent)
- ✓ Internal Transport
- ✓ Airport Transfer
- ✓ Three meals per day
- ✓ Safety and Rescue Services on River
- ✓ Regatta course and facilities
- ✓ Emergency First Aid care
- ✓ Security services
- ✓ Mineral water during competition days
- ✓ Timing and scoring system with printed results
- ✓ Welcome Cocktail
- ✓ Farewell Dinner

Half Board accommodation in Cottages or Hotel will cost EURO 120 per person per night.

Please note we cannot guarantee, security, medical, safety or transportation for any accommodation booked outside the official accommodation options provided by the organizing committee.

The payment can be made on arrival before or by bank transfer;

Bank transfer details:

**KENYA ROWING AND CANOE ASSOCIATION
BANK; NIC BANK
BRANCH; NKRUMAH ROAD
BANK ACCOUNT; 1000 14 8117
SWIFT; NINCKNENA**

9 DO YOU NEED VISA?

Please visit the following link for information if your Country qualifies for Visa on Arrival at the airport.

http://www.immigration.go.ke/index.php?option=com_content&view=article&id=79&Itemid=114

For invitation letter for purposes of Visa, Kindly provide the following information for all your team members; CONTACT; kracarowingcanoe@gmail.com

Surname as per passport	Given name as per passport	Date of birth	Place of issue of passport	Passport number	Date of issue	Date of expiry	Function of person (eg Athlete , Coach , Official)

10. PRELIMINARY ENTRY FORM.

CAC- 5th African Slalom Championships, 7-10 November, 2013

CAC 3rd Africa Whitewater Championships, 10 November r 2013

Provision composition of delegation

NAME OF FEDERATION;

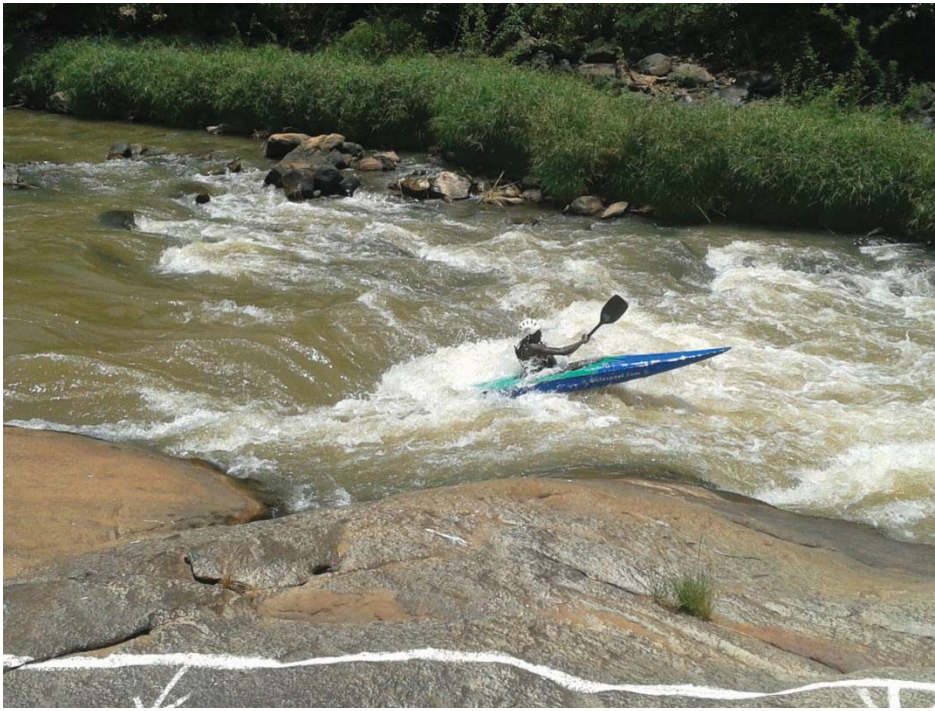
CONTACT PERSON /EMAIL;

TEAM LEADER NAME;

MOBILE TELEPHONE;

E-MAIL

	Number of men paddlers	Number of women Paddlers	Number of Para-canoe paddlers	Number of coaches/ Technical staff	Number of officials /delegates
ICF Talent ID Camp					
Africa Slalom Championships					
African Whitewater championships					
President or Secretary of NF	Name Sign Date;				



Sagana- Racing Course (FEB- low water season)



Camping Site